



Peace Begins at Home

Classroom Toolkit

Everyone has a role to play in ending violence in our communities. Here are some ideas for YOU to get involved and learn about Peace.

Hands On Activities

- *Playdoh Peace Signs*- On paper plates model a peace sign using playdoh. Have children roll out playdoh and make peace signs!
- *Peaceful World* - Go outside and experience the peace that nature brings. What do you notice around you that brings you peace?
- *Building Blocks* - Have children build houses and villages out of blocks. Discuss what it takes to build a strong home, a safe home and a cozy home.

Senses Discussion

Do you think you could feel peace with each of your senses? What would peace look like? Taste like? Smell like? Feel like? Sound like? Can what we feel with our senses change how we feel inside?

Building a Peaceful Environment

Establish agreements and common language with children to decrease conflict. Children are empowered when they have language to communicate their emotions to one another. For example, "Stop pulling my shirt, I don't like it when you do that."

Read Together

Read books with children that show ways people can be kind, loving members of their communities. Some of our favourites are:

- *A Good Thing Happened Today* by Michelle Figueroa
- *When We are Kind* by Monique Gray Smith
- *Good Little Wolf* by Nadia Shireen

These books are available through the South Central Regional Library. Be sure to check your local library for additional selections.

Create Artwork

Prompt: *What does PEACE mean to you?*

Draw or paint an art piece that shows what peace means to you! Take a picture of your art and send it to resource@genesis-house.ca, or email to arrange pick-up to be entered into our youth (18 and under) art competition.

Submissions accepted until November 6th.

Winner will be dropping the puck at our November 22nd PEACE BEGINS AT HOME hockey game in Winkler, Manitoba and their artwork will be on display on Genesis House greeting cards.

Peace Begins at Home. Thank you to all children, youth, families and groups who are committed to peace in our homes and community!

