



# GENESIS HOUSE

SHELTER FOR ABUSED WOMEN AND THEIR CHILDREN

APRIL 2023



When someone discloses sexual violence that they have experienced sexual violence, you may not know what to say. The "TALK" method can help you remember to respond with empathy.

**T** Thank them for telling you.

**A** Ask how you can help.

**L** Listen without judgment.

**K** Keep supporting.

## South Central Women's Health Expo



Access Event Centre || Saturday, March 11, 2023

Genesis House organized the first South Central Women's Health Expo, just a few days after International Women's Day, in hopes to enlighten, empower, and educate women in the Pembina Valley. The more that we know, the more empowered we are. Over 135 women attended the event. 28 community booths participated displaying the wide range of health supports available in our area. There were 9 presentations held throughout the day, covering topics spanning from endometriosis, to nutrition in menopause.

We are grateful to our sponsors who made it possible for this information filled event to be offered at no charge to attendees



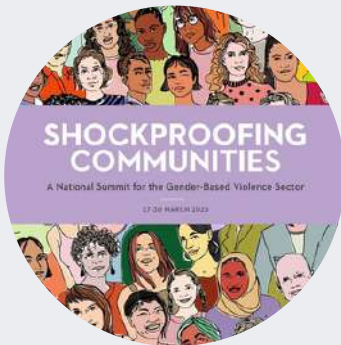
Physician Q&A with Dr. Ashley Dyson and Dr. Heather Lehmann

 @genesishousesouthcentral

 @genesishousesouthernmanitoba

VISIT US AT

[WWW.GENESISHOUSESHELTER.CA](http://WWW.GENESISHOUSESHELTER.CA)



In March, Executive Director, Ang Braun, attended the *Shockproofing Communities Summit* hosted by Women's Shelters Canada and the Canadian Women's Foundation in Ottawa.

The goal of the summit was to share learnings and experiences related to the pandemic with shelters across Canada in hopes of creating a better prepared system if such a crisis were to occur again. 500 delegates from shelters across Canada attended the two day Summit.

100 delegates remained an additional day to meet with Canadian MP's about the 10 year Canadian National Action Plan on Gender Based Violence. The key message that Ang was able to deliver to MP of Provencher, Ted Falk, was that it should not matter where in Canada you live, everyone should have equal access to protection and supports when experiencing gender based violence. The National Action Plan must be seen as Non Partisan and survive election cycles in order for it to have the impact intended.



### Residential Program Update

This quarter, the shelter has remained near capacity. Our program manager has joined the Rural Manitoba Sexual Assault Network for a 1 year term. The RMSAN seeks to bring services to rural communities so that victims won't have to travel to Winnipeg for treatment. Staff have participated numerous trainings over the last 3 months including; Vicarious Trauma and Stress, testing a newly developed screening tool for Economic Abuse and Cultural Awareness Training.

### Housing & Outreach Program Update

This year we have offered a variety of new programs such as; When Love Hurts (Phase 1 & 2) and Rent Smart. We received 32 referrals for women and children experiencing homelessness in our catchment area in the last year, bringing the total to 93 women in the 3 years of programming. The H&O Counsellor continues to provide individual counselling, group counselling, and advocacy supports to women entering this program.

### Mens Program Update

We are sorry to announce that we have discontinued the Men's Intervention Program at this time. The Men's program was funded through community donations and the difficult decision was made to end it March 31, 2023. We thank George for his tremendous work on the project.

**PVHS x GH Fundraiser**

You can now proudly represent The Pet Safe Program on a shirt or sweater! Place your order by April 21 to guarantee delivery by Mothers Day.

BACK

FRONT

**ORDER NOW**

Learn more & place your order by messaging Sophie at [resource@genesis-house.ca](mailto:resource@genesis-house.ca)



A Tupperware party was held to help improve our kitchen supplies! Thank you to those who hosted and donated.

#### DONATION HIGHLIGHTS

Heather Deamel's Discovery Toys donated Easter Baskets for children in shelter across Manitoba! Thank You!



### Upcoming Events

**Fawn & Cub Market May 27-28**  
Stop by our booth to learn more about the work going on at Genesis House or purchase a card.

## THANK YOU FOR YOUR SUPPORT!