

GENESIS HOUSE 35th ANNUAL REPORT 2018/2019

South Central Committee on Family Violence, Inc.

Genesis House

Board of Directors

Marlin Froese— Chair

Janessa Unrau—Vice Chair

Cheryl Braun—Secretary

Mallory Penner—Treasurer

Melanie Ballard

Karen Tjaden

Laura Matychuk

Angela Braun
Executive Director

Community

The goal of Genesis House is that people in south central Manitoba will be able to live their lives free of domestic violence. We believe that all people should be safe with the people they love in their own homes.

The team at Genesis House is humbled each year by the amount of love and support shared by community to our agency so that we can share with our families. From the anniversary gifts in kind, to children donating well loved toys for re-homing with children finding safety at Genesis House, each gift is appreciated. We are blessed with a business community that understands and values families

and the extra supports needed at times. We couldn't do this work without the support of community. We are not a large team, but what we lack in size we make up for in PASSION! We extend our gratitude for your gifts, love and prayers of support. We believe that Peace Begins at Home and will keep working to make that happen.



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Report from the Chair-Marlin Froese

As the chair of the board I want to recognize the efforts of the Genesis House management and staff this past fiscal year in making it another successful one. Once again, Ang Braun and her team have done a tremendous job in providing incredible support to the region. The board and other shelter directors across Manitoba and Canada have the utmost respect for Ang and her team.

I would also like to thank my fellow board members for their commitment and efforts this past year. It has been a year of growth with the onboarding of new directors.

This past year has been one filled with numerous activities and events, all of which have been quite successful. A part-time Special Events Coordinator position was added to assist with fundraising, grant applications, and coordinating events, among other duties. As a result, additional ideas and fundraising activities have increased the engagement Genesis House has with the

communities and clients. The board believes this has been very successful to date, and are excited for what the future holds.

The organization continues to face many challenges, including but not limited to, increasingly complex client needs, as well as government funding and support. We recognize the cuts the Provincial government has made in the Health Care system, and continue to lobby and keep a close eye on other departments. As the client needs become increasingly complex, so does the need for more specialized training. With that, increasing challenges in hiring and recruiting.

Furthermore, two very essential, committed board members are stepping away as they are not renewing their terms. The board would like to thank both Cheryl and Laura for their years of service to Genesis House. You will both be dearly missed. The Genesis House board is frequently searching for additional board members to strengthen the organization

at the governance level. We continue to look to add breadth of mindset, new skills, perspective, in an effort to strengthen the board capacity. In closing, the board will continue to work hard for Genesis House in its efforts on achieving our ENDS, which outline the Board's expectations for meaningful, long term results and outcomes. We continue to work toward our ENDS so that the people of South Central Manitoba will be free from family and intimate partner abuse achieving results that justify the relative worth.



Marlin Froese, Board Chair



LET'S
END DOMESTIC
VIOLENCE
TOGETHER

In one day across Canada

232 shelters helped

5409 women and 3578

children.

Women's Shelters Canada

**"Forgiveness is
giving up the
hope that the
past could have
been any
different"**

Oprah Winfrey



**50 Children from the Winkler
area took part in the two week
kids camp which is a partner-
ship of the Winkler Recreation
Department and Genesis
House.**

Women—Program Highlights

Genesis House is a voluntary program for women that are experiencing abuse by an intimate partner or family member. There is no charge to access our programs, and women may access by calling the crisis line.

Staff will complete a risk assessment and safety planning with the client. If she chooses to access the shelter she will be given a bedroom to share with her children, as well as basic hygiene products. While the woman is in shelter all of her basic needs will be met. Women's bednights for 2018/2019 were 734. This year we also provided shelter to one male for 38 nights.

Women can take part in Genesis House through non-residential programs as well. The staff's role is to listen and validate the woman's experience, ensure that she understands her rights and her options and provide opportunities to make informed decisions about her future.

This year the data we have collected regarding the women that have used our services reflected the most frequent types of abuse:

- 16% emotional
- 13% verbal
- 12% physical
- 12% psychological
- 9% financial
- 9% sexual
- 7% stalking
- 7% neglect
- 7% spiritual
- 5% threats against children/family

The shelters across Manitoba keep very detailed statistics on people who access shelter so that we can learn and perhaps impact areas that seem to make living free of violence more difficult. These are some of the things noted in south central region:

- 58% of the women have been with their abusive partner for more than 5 years
- 32% had left their relationships 2- 4 times before
- 4% were new immigrants to Canada
- 54% of the children have been a witness to violence in the home.
- 41% of women have not completed high school

- 38% have requested police intervention the past 6 months

- 51% of abusers have addictions as reported by their partner in shelter

- 29% of women heard about the shelter from a friend or family member

In 2018/19 Genesis House provided shelter to 48 women, and services to 11 non-residential women, for a total of 59 women.

Counseling is available for residential and non-residential women. In the 2018/19 year there were 2178 counseling sessions with women totaling 1477 hours.

A variety of group sessions were facilitated in the 2018/19 year. They include; anger management, life skills, and understanding domestic violence. Groups are offered regularly in the residential program based on the needs of the clients in shelter. The total number of groups sessions offered is 117.

Protection Order designates offered information and assistance to 29 people in 2018/19.

Children's—Program

In the past year Genesis House has provided shelter to 36 children and non-residential services to 8 children. Bednights for children accessing shelter for 2018/19 are 406.

Programming at the shelter includes individual counseling with children and their moms. The total number of sessions is 50 and total hours spent in counseling children for the 2018/19 year is 39. Group counseling is also offered. This year we received a grant from Healthy Child Manitoba in addition to our provincial and federal grants.

Residentially the follow up and children's program work together to facilitate special events for families while in shelter. This year that included a pizza/bowling party for Christmas. Other special events held in conjunction with women's programming included a spring break event and walk and talk support groups in the summer months.

The Triple P program was hosted in Winkler for 6 weeks. The children's counselor also participated in a training for a new parenting program called Positive Discipline for Everyday Parenting. We ran the 8 week program successfully. We hosted two weeks of kids camp in the summer of 2018 in partnership with the Winkler Recreation Department. The total number of groups sessions offered is 82.

Presentations are available for children on communication skills, healthy relationships, bullying, conflict resolution, and cyber safety. The children's counsellor was able to provide the Red Cross Healthy Relationship presentations seven times in Winkler and Altona.

Genesis House received a grant to hire a full time Early Childhood Educator. This is a welcome position within the shelter because so many of the children in shelter are under school age. The

additional support allows mom to get a break or to attend meetings as needed.

The children's counsellor compiled a training package for all the staff of the agency regarding the Safe & Together Model introduced by the province last year. Safe and Together works on the premise that placing blame on survivors is a destructive practice. Instead, the model trains workers to keep the perpetrators front-and-centre as part of domestic violence work. Genesis House supports the concepts that are promoted through Safe & Together and look forward to working collaboratively in the region.

Programming for children in shelter has remained consistent with last year. Providing follow-up and out reach services continues to be a challenge.

Report from the Manitoba Association of Women's Shelters (MAWS) - Deena Brock

The exciting news for MAWS this past year was that our grant application was selected by the Department for Women and Gender Equity (WAGE) formerly Status of Women Canada. This is a four year capacity building grant to work on addressing the existing policies, programs and services related to domestic violence prevention and intervention with the goal of obtaining the best possible outcomes for clients in need and for the service delivery workers.

Through the generous support of the Assiniboine Credit Union MAWS has a new website. It's located on the same URL www.maws.mb.ca but it has a new look and feel,

please check it out.

The Community Action Program for Children (CAPC) celebrated their 25th anniversary. CAPC is a program funded by the Public Health Agency of Canada (PHAC). PHAC has been providing funding to community groups that promote the healthy development of young children from birth to age 6 since 1993. MAWS began receiving the funding in 1995.

Shelter services in Manitoba have been inherently confidential due to the safety risks experienced by victims of domestic and family violence. Perhaps in some ways that's why it's been

difficult to get the message out that domestic violence does still exist and it's still predominately males who inflict violence upon females. Statistical data is one way to paint a picture of the women and children using services. MAWS would like to thank Judith Hughes from the University of Manitoba for creating a report based on statistical data collected by the provincial shelters in Manitoba. To view the report visit www.maws.mb.ca under "News".

Shelters exist to address the needs of the victims of domestic and family violence clients. I commend the women who manage their shelters, and their teams of committed staff.



Karen Peto—retiring long standing board member of Manitoba Association of Women's Shelters



MANITOBA ASSOCIATION
OF WOMEN'S SHELTERS

Report from the Executive Director—Angela Braun

If I had to think of one word that reflects the 2018/2019 year it would be diversity.

We have had to stretch our minds and ideas because the trainings we have been to demand that we do so. Hearing the ideas of others and what is working in their programs challenges us to re-think how we are providing service and if there could be a different way, a better way?

For many years we have heard from women that they would like the abuse to stop and would like their partner to find support to change their behavior. Finding intervention programs for men has always been difficult. Often times they needed to be in the court system to access program-

ming. This fall we will pilot the Caring Dads intervention program for men. It addresses the root of behaviors and requires accountability for those behaviors. I hope to report next year that the program was successful with a waiting list for people to attend.

The needs of the women we serve and the different ways the shelters are able to support them also has diversity at the top of my mind. Many of the rural shelters are small with only one staff person on most of the time. The work is challenging and the staff carry a lot of responsibility to keep the families safe. Dialogue between the ten provincial shelters is ongoing and also challenging. All of the shelters understand that more flexibility in program delivery is necessary.

Where the diversity enters the conversation is how each of our agencies is able to provide service. What level of risk is ok to place on staff and other families? Does having two staff members on help to mitigate that risk? How far down the harm reduction path are we safely able to travel and still provide safe and effective service? How can we better align service delivery of shelters? The needs have become greater and the gaps larger for many people we serve. In the rural often the shelter is the only emergency service provider other than the hospital. The core values of the provincial shelters remain the same, the challenge comes in consistent service delivery. Together with MAWS we will continue to be a voice for the needs of the women we are seeing and advocate for the best service possible across the province.

"Do not judge me by my success, judge me by how many times I fell down and got back up again."
Nelson Mandela

Professional Development 2018/2019—Conference 2018

The 2018/2019 year was terrific year for professional development. We were fortunate to receive funding for training with Facilitated Solutions on the topic of Conflict Resolution. We were joined by shelter staff from Willow Place and the YWCA in Brandon as well as a few non profit directors in our area. The eight days of training covered topics such as communication, dealing with anger, building resilience, difficult conversations, and mediation. This grant also provided the opportunity for two staff members to receive their counselling certificates.

In April 2019 two of our staff were able to participate in the Wraparound Training by invitation from the Borderland School Division. This comprehensive training provides the framework to assist individuals by bringing in supports identified by the family and working from a strength based position to reach the goals set.

We were excited to participate in the first ever Canadian Shelter Conference in Ottawa June 2018. The conference called Shelters of the Future brought together 600 women from across Canada to share their experience and knowledge.

We participated in two days of training on Parent Child Attachment with Terry Warburton. We also hosted a lunch & learn on the topic of Mental Health in the Workplace with John Koop Harder.

Coming up for the new fiscal year will be mental health first aid training.



Women's Shelters Canada (WSC)

Women's Shelters Canada provides a national collaborative voice for change. It is a strong, unified voice on the issue of violence against women. The collective voice helps increase awareness to ensure that policies, legislation and regulations are informed by the experiences and insights of our members, the provincial and territorial shelter networks. It means the vital role of shelters and transition houses is understood and valued. It means hope to women experiencing violence everywhere.

Highlights for Women's Shelters Canada in the 2018/2019 year include:

Participation on the Standing Committee on the Status of Women for its study on women's shelters and transition houses.

Release of the report: Building a National Narrative A select review of domestic violence policies, legislation, and services across Canada.

National Conference—Shelters of the Future hosted in Ottawa with 600 delegates from across Canada.



**WOMEN'S
SHELTERS
CANADA**

Shelters and
Transition Houses
United to End Violence
Against Women

Grants— Healthy Child Manitoba, Canada Manitoba Jobs, Canadian Women's Foundation, and Manitoba Hydro Union.

This year we were very fortunate to have received numerous grants for programming. Healthy Child Manitoba provided a grant for a parent child play group. The Canadian Women's Foundation provides ongoing support for programming. We received a grant from Canada Manitoba Jobs for eight days of staff training in the area of conflict resolution. The Manitoba Hydro Union provided support for the agency to purchase new meeting room chairs. Many thanks to all of these groups for their support!

Retirement— Exciting Farewell!



This year we said good bye to another long term staff member. June had worked with Genesis House for twenty years. She became a metaphorical mother to many of the women she met here, including the staff! June always had a pot of soup cooking with things she "found" in the fridge. Always delicious, smelled liked love! While we miss her, we are happy she can enjoy retirement with good health.

Thank-you!!

The generous donations by individuals, organizations, and businesses of their time, materials, and funds have been crucial to the operations of Genesis House. We are grateful for these gifts from the community and from our many anonymous donors. All gifts are greatly appreciated. Donations in-kind include clothing, linens, household items, groceries, cleaning supplies, personal supplies, baby items, furniture.

CASH DONATIONS

<u>Donator</u>	<u>Amounts</u>
Individuals	\$28,157
Businesses	21,649
Churches/Women's Groups	8,189
Organizations	12,717
United Ways/Community Canvass	11,354
Fundraising (Golf, Dance, Quiz night)	10,901
Events (Lunch & Learn, trainings)	<u>6,730</u>
Total Fundraising / Donations	\$99,697
Gifts-In-Kind	\$ 7,539

The gifts-in-kind are essential to the shelter's operation and our client's daily use. It saves the clients and the shelter thousands of dollars each fiscal year.

Revenue	2016-17	2017-18	2018-19
Family Violence Prevention Grant	380,100	380,100	380,100
Employment & Income Assistance—Income Security	57,200	47,682	40,863
Fundraising / Donations	70,491	108,318	99,697
Canadian Action Program for Children—CAPC Grant & Resource	21,326	21,326	21,326
Other Grants—Healthy Child, May Kay, MB Cmmnty Srves, Thomas Sill & Altona Fndtn	6,338	33,859	45,344
Other Revenue—GST, Int, SummerStudent, Moving Reimbursements, RHA Conference	38,012	38,337	12,133
Total Revenue	\$573,467	\$629,622	\$599,463
Expenses	2016-17	2017-18	2018-19
Salaries & Benefits	442,596	461,661	445,582
Administrative / Staff Training / Moving Expns / RHA Conference	34,104	35,392	46,208
Board Expenses	3,104	1,616	5,422
Fundraising Expenses	7,107	9,912	10,033
Insurance	5,417	5,436	5,583
Maintenance Supplies / Janitorial	22,619	20,934	20,101
Professional Fees	5,974	12,820	12,255
Travel	6,354	8,027	7,335
Client Activities & Programs	20,195	17,475	18,456
Total Expenses	\$547,470	\$573,273	\$570,975

Copies of the 2018-19 audit report are available at the Annual General Meeting or upon request.

Overall funding for Genesis House is derived from four main sources:

1. **Family Violence Prevention Grant** from the Manitoba Government provides for programming, facility and staffing, allocating specific amounts to each cost centre. The Branch also is responsible for ensuring standards and monitoring our progress. The Service Purchase Agreement with the Branch is one of the primary contractual obligations of the Corporation. With a few exceptions, no capital expenditures are allowed.
2. **Employment & Income Assistance** provides a per diem for every bednight (intended to cover staffing and food). Special needs specific to clients (transport, medications) is also financed through Employment and Income Assistance. This portion of our income is totally dependent upon utilization of the shelter.
3. **Fundraising / Donations & Other** constitute a wide range of revenue sources e.g. golf tournament, cash donations, United Way, etc.
4. **CAPC Grant** is part of the Manitoba Association of Women's Shelters Project. This grant has been essential for the majority of the Child Counseling Program..

More Than a Bed

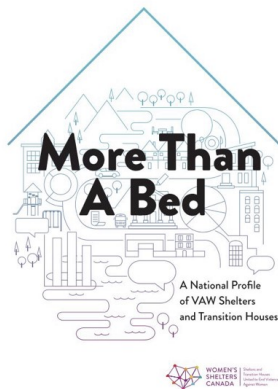
Sixty delegates from across Canada came together in Ottawa May 2 & 3, 2019 to discuss the recent report by Women's Shelters Canada on the state of shelters across Canada called More Than a Bed. Genesis House was pleased to send executive director Angela Braun to represent rural Manitoba. Some of the findings that resonated for Manitoba's shelters experience include:

31% of residents were unable to find housing during their stay.

79% of shelters identified complex mental health & addictions as major challenges.

61% of shelters identified low pay & benefits as major challenge to retaining staff.

74% of shelters identified insufficient funding as a major challenge.



Full report can be found here:
<https://endvaw.ca/wp-content/uploads/2019/04/More-Than-a-Bed-Final-Report.pdf>



Recommendations from #Morethanabed

The number of shelters in Canada must increase due to high turn-away rates and rural and remote women's lack of access to shelter service.

Sustainable core operational funding for shelters is required as well as yearly cost of living increases in accordance with standard of living.

Canada must fund equal, equitable and culturally appropriate protection from domestic violence to indigenous women.

The federal government must develop and implement a National Action Plan on Violence Against Women so that no matter where she lives in Canada she will have access to service.

Power of the PJ'S

The Power of the PJ's was a terrific success again this year with over 300 pairs of women's and children pajamas being donated throughout the region!

Special thanks to South Central Regional Libraries for welcoming the donations at each branch. We couldn't do it without you!



Diwali Festival of Lights

Genesis House was excited to partner with Adashnee Pather as a recipient of the proceeds of the Diwali celebration November 3, 2018. The lighting of lamps during Diwali is symbolic of the hope, love, truth, courage, enlightenment, wisdom and the high moral and ethical values. The celebration was made even more special by a donation to a matching organization in a third world country. \$1100 was raised.



The statistics in the charts are for the South Central region only. The region served by Genesis House goes as far east as Dominion City, west to Clearwater, south to the US border, and north to Highway 2.

Bednights	2016-17	2017-18	2018-19
Women	895 / 29 Men	591 / 56 Men	734 / 38 Men
Children	858	810	406
Total	1782	1457	1178

*The term Bednights refers to each night that a bed is occupied in shelter ei: Mom with two children = 3 bednights.

The Genesis House Team

Working at Genesis House is a challenging job. The staff demonstrate their commitment to quality client services everyday by dealing with challenges such as uncertainty in occupancy, and the increase in high needs clients. Counselors enthusiastically develop and facilitate programming in response to the needs they have identified. They are the strength of the organization! Thank You!

Management— Angela Braun, Executive Director, Karen H., Executive Assistant

Client Support Counselors —Karen T., Jane S., Anna N., Anita RL.,
Marilyn T., Kristin G., Angel R., Kristy K., Ashley S.

Casual Support Workers — Mary Ann D., Samantha T., Crystal D., Sara D.

Family Violence Prevention Program

The specialized program of The Government of Manitoba's Status of Women promotes the elimination of intimate partner violence through the development and support of community based services. The Program provides policy and program direction as well as funding to specialized services for women, their children and men caught in the cycle of family violence. These services are delivered by 33 agencies in the community across the province.

We would like to express our gratitude to the staff of Family Violence Prevention Program, especially our External agency Coordinator Nadine Smith and Director Beth Ulrich for their on going support.

2018-19 Type of Crisis Call	Number of Calls
Seeking Shelter	131 / 4 Men
Seeking Counselling	169 / 14 Men / 7 Youth
Information/Referrals	166
Donation Calls	56
Other— not DV related, hang ups	242
TOTAL	789

Volunteers

A heartfelt thank you to all of the people that have volunteered at Genesis House over the past year. Particularly the very dedicated board members. Their behind the scene tasks developing policy, creating a vision and a long term strategic plan for the organization are the foundation on which our agency rests.



Genesis House Board of Directors

Genesis House is often seeking board members. The board provides a solid foundation in a policy governance style from which the agency operates.

If you have any interest in becoming a board member of Genesis House, contact the ED and she will forward an application form and an information package to you. Applicant must complete: Application form, Criminal Record Check (CRC), Child Abuse Registry (CAR), and Adult Abuse Registry (AAR). The Nominations Committee will review the application form and make a recommendation to the board regarding the applicant. If a vacancy on the board occurs during the year prior to the AGM, the board may appoint a replacement member to fill the vacancy for the unexpired term of his/her predecessor. The replacement member would have full voting privileges.



South Central Committee on Family Violence, Inc.

Box 389
Winkler, MB
R6W 4A6
Crisis Line 1-877-977-0007
Local Crisis Line 204-325-9800

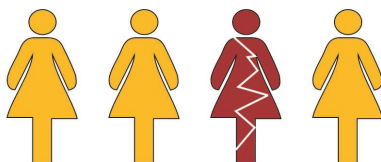
Phone: 204-325-9957
Fax: 204-325-5889
E-mail: director@genesis-house.ca
Website: www.geneshouseshelter.ca

United Way Grants

We are very grateful to the Morden and Winkler United Way for their ongoing support. As well as the Pilot Mound Community Canvas. Without community support we would be unable to offer the programs that we do.



A crisis facility for abused women and their children



Shelter For Women And Children In Crisis

**Mark your calendars for
the Genesis House 2nd
Annual Quiz Night
March 12, 2020**

How to YOU can Help

Volunteer—assist with fund-raising events, become a board member, assist in shelter activities of daily living (child care, office support, baking, cleaning)

Become a Member—Your membership shows you care and entitles you to vote at the Annual General Meetings.

Donate—materials, service, cash. We always accept food, hygiene products, and linens.

Listen and support the victims of abuse—Encourage them to seek help.

Teach Children—Self Esteem is critical to healthy development. Teach communication, empathy, and non-violent methods of conflict resolution.

Legends Car Club 2018

We were so excited to be chosen by the Legends Car Club for their 16th Annual Charity Airport Drag Races! The event took place on August 18 & 19 in Altona. We were happy to attend and sell 50/50 tickets. It is a great family event, with cool cars and lots of noise! We are looking forward to the Races in 2019! Many thanks again to this group that has chosen to support the work of Genesis House. The club made a generous donation of \$7000 in November 2018!



Swing for Safety 2018

The Swing for Safety golf tournament celebrated it's 15th year in 2018 raising \$6140 to support women and children fleeing violence in their home.

Genesis House would like to thank the following businesses for their support through sponsorships:

All Size Perforating, BSI Insurance, City of Morden, City of Winkler, Golden West Radio, Daniel Rocha Media, Décor Cabinets Gilmour & Brault Law, GTP Accounting, Green Valley Equipment, Hometown Service, Maverick 105.1, Meridian Mfg, OK Tire, Reider Insurance, Town of Carman/RM of Dufferin, Sunvalley Tire, Triple E, Winkler Dental Clinic.
THANK YOU!

This event would not be successful without the ongoing support from community!

Womens' Day 2019

The Wiebee Geebee's were the 2019 quiz night champs at the International Women's Day event hosted in Morden on March 7, 2019. The sold out event raised \$4000 for Genesis House programs. Many thanks to the main event sponsor Décor Cabinets, and table sponsors: McDonald's Restaurant, Morden Home Hardware, Co-op, Eagleye Printing, Access Credit Union, Pfahl's Drugs, Friesen Insurance, Goldenwest Radio, Maverick, Pure Anada, and Morden Nurseries.
See you March 12, 2020!

